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| Student Recreation Center  Front Desk: 812-888-6248  Recreational Sports Facilities Coordinator  Michael Taylor  812-888-4957  www.vinu.edu/aquatic-center | **VINCENNES UNIVERSITY**  **Recreational Sports**  **Spring 2019**  **(January 14 – May 10)** Aquatic Center | Student Activities Complex  Coordinator, James Minderman  812-888-4592  Recreational Sports Information  P. E. Complex, Room B042  812-888-5546 |

**UPDATED 2-1-19**

AQUATIC CENTER ACCESSIBILITY IS SUBJECT TO CHANGE BASED ON AVAILABLE

LIFEGUARDS AND/OR PARTICIPANTS.

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| **HOURS:** | **LUNCH** | **AFTERNOON / EVENING** | **Related Notes:** |
| **MONDAY** | **CLOSED** | **4 p.m. – 8 p.m.** | Lap Swim is  11 a.m. – 1 p.m.  &  4 p.m. – 6 p.m.  Diving board and Rock Wall is restricted during these times. |
| **TUESDAY** | **11 a.m. – 1 p.m.** | **4 p.m. – 8 p.m.** |
| **WEDNESDAY** | **CLOSED** | **4 p.m. – 8 p.m.** |
| **THURSDAY** | **11 a.m. – 1 p.m.** | **4 p.m. – 8 p.m.** |
| **FRIDAY** | **11 a.m. – 1 p.m.** | **4 p.m. – 8 p.m.** |
| **SATURDAY / SUNDAY** | **CLOSED** | **2 p.m. – 6 p.m.** | Lap Swim is  2 p.m. – 4 p.m.  Diving board and Rock Wall is restricted during these times. |

***Vacation / Holiday hours may vary. Schedules will be posted accordingly.***

***Special events/reservations must be approved through the VU Reservations online system.***

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| **Notes:** | * During Lap Swim times, there will be 2 lane lines available. * During lap times with lane lines, the Zip Line, Climbing Wall, Diving Board, and west side Basketball Goal will not be available. * \* **VU Baseball Team** will use the pool from 11 a.m. to 12 noon, on Tuesdays and/or Thursdays throughout the semester. During this time, lap lane lines will be available. * \*\* **VU Living Well** program will be held 5-6 p.m. on Tuesdays and/or Thursdays. * **\* VU Track Team** begins using the pool in October. The team will work out in the shallow recreational side of the pool from 4-5 p.m., Mondays and Wednesdays. During this time, lap lane lines will be available. * **ORANGE CONES** will denote the available lap swim area. If several swimmers are using the lanes, additional lanes MIGHT be added, depending on other usage. Swimmers will be asked to share lanes and swim in a circular pattern. * Physical Education fitness classes may use either side of the pool (instructor preference) but will coordinate in advance. As noted above, orange cones will mark the available lap swim area. |

**Aquatic Center Users**

ALL Users must stop and show **his/her** **valid** VU ID Card to enter the pool. Show the ID at either the desk or table outside the locker rooms. Guests of valid VU users must sign in by completing the appropriate forms at the Student Recreation Center, and guests must remain with the valid student/faculty/staff member **at all times** while in the facilities. Users will not be admitted without their ID card.

Proper university conduct is expected from all pool users. Users are expected to follow posted rules and regulations and to act responsibly at all times. Refer to “RULES OF CONDUCT” signs. Failure to follow ANY of these rules could result in expulsion from pool use. The VU Aquatic Center serves many users including University families. ***Please be respectful to families and others in your actions, language, and behaviors.***

**While in the pool, you are expected to abide by the following rules:**

1. **Have fun**, but **be safe**.
2. Users must take a **cleansing, soapy shower** prior to using pool facilities, including washing hair.
3. Locker rooms and/or cubby holes are available for **storage of personal items** while using the pool. **No overnight locks** are to be left on lockers each day. **Secure your belongings** and check for personal items before leaving. **Free locks** are available for checkout.
4. All users are to wear **clean, dedicated swimwear**. This is a family-friendly facility. Lifeguards will answer questions regarding whether your swimwear is acceptable. Non-swimwear is not acceptable, including t-shirts, cut-offs, etc.
5. **Enter the pool through locker room doors.** Do not admit others into pool area through side doors.
6. No personal external speakers will be allowed in any of the common areas of recreational facilities, including the outdoor area of the Aquatic Center.
7. **The following are not acceptable behaviors:** 
   1. **Throwing people** in the pool,
   2. **Chicken fights**,
   3. **Throwing objects** in/around the pool,
   4. **Running** on the pool deck,
   5. **Wrestling, dunking, or general horseplay**,
   6. **No underwater breath-holding**,
   7. **No splashing**. Be respectful of other users in and around the pool area may not like to be splashed. **Also, do not splash chlorinated pool water or hot tub water onto the live plants, which could cause harm.**
   8. **Kissing, groping, or other sexual intimacies are unacceptable.** This includes while in the Pool and Hot Tub areas.
   9. **Diving** into the shallow end is strictly prohibited.
   10. **Jumping** into the pool over people’s heads is prohibited. Users may not enter the pool by climbing or jumping over the handicap access railings.
8. People socializing or viewing pool activities **dressed in “street clothes” must stay outside the pool deck area.** Those properly dressed in proper swimwear can use the pool and the pool deck.
9. **Pool equipment** in and around the pool area, is to be **used for its intended purpose(s)**. Use kickboards and floaties as they are intended. Do not use them to strike or hit people.
10. **Climbing Wall** use dictates **one person** at a time on the wall. No one should be under the wall or in close proximity while it is being used.
11. **Diving Board:** The low dive board is open for use. **One diver** at a time. There is a **one bounce** policy, and be sure the **landing area is clear before diving into the pool. “Gainers” are not allowed, nor are reverse inward dives towards the board allowed.** Users are to dive/jump out away from the board.
12. **Lane lines** in the pool are to be used as intended. **Do not hang or sit on them**.
13. **Cell phones** should be turned off while in the locker rooms or in pockets, back packs, etc.
14. **Food and Drinks are not allowed** on the pool deck. *Unbreakable* water bottles are permitted.
15. **The** **P. E. Complex, Student Rec Center, Aquatic Center, Bowling Center, and Student Center are alcohol, e-cigarette and tobacco-free (smoking or chewing) facilities**.
16. **Lifeguards** **serve and protect** users and maintain proper decorum in and around the pool area. Safety first. Lifeguards will follow proper protocol to protect pool users. *As a pool user, you are expected to follow all instructions and requests of lifeguarding staff.*
17. **Nothing you do should cause damage or harm to anything or anyone in/around the pool.** Established rules and regulations of Vincennes University will be strictly followed.

**If you need further assistance please talk with lifeguards or facility staff.**